



Warren City Health District
258 E. Market St
Warren, OH 44481
John May, BA
Deputy Health Commissioner



Trumbull County Combined
Health District
194 W. Main St Cortland, OH
44481
Frank Migliozi, MPH, REHS
Health Commissioner



September 1, 2026

In July of 2026 the Ohio Department of Health (ODH) confirmed a third measles outbreak in the state. The most recent outbreak has affected the northeastern counties of Trumbull, Ashtabula, and Geauga, among others.

Since measles has been identified in our area, we would like to share information about how the disease spreads, signs and symptoms, and how to prevent measles. We will also provide resources regarding what to do if your child is exposed, and information about school guidelines regarding exclusion.

About Measles

- Measles is a highly contagious respiratory virus.
- It is spread through contact with nasal or throat secretions of an infected person.
- The measles virus can live in the air for up to two hours after a person leaves the room. Symptoms usually appear 7-14 days after a person comes in contact with the virus, but it can take as long as 21 days for symptoms to appear.
- Individuals are able to spread measles **four days before and four days after the onset of rash.**

Symptoms

- High fever
- Cough
- Runny nose
- Red or Watery eyes
- Rash (beginning 3 to 5 days after other symptoms occur)

Exclusion

Measles is highly contagious, so it is imperative we do our best to prevent spread within a school setting.

Following guidelines outlined by the ODH, if someone with measles was at a K-12 school while infectious, students who **do not** have two measles vaccinations must be excluded from school and will not be able to attend any extracurricular school activities, clubs or sports. The exclusion period will last for 21 days from onset of the most recent case in the school. The exclusion period can be extended if additional cases are identified.

The Trumbull County Combined Health District and Warren City Health District work together with schools within the county regarding matters of public health.

If a question about a measles exposure or suspected case arises, the health departments will talk with you and your school district to answer questions and provide next steps.

Prevention

The measles-mumps-rubella (MMR) vaccine is the best way to prevent measles and its complications.

- Being fully vaccinated allows your child to remain in the school setting in the unfortunate event of an outbreak.
- If a student was previously unvaccinated and receives a dose of measles vaccine within 72 hours of the first exposure, they may be readmitted to school but should monitor for signs and symptoms of measles (cough, congestion, red or itchy eyes, rash, fever).
- The Centers for Disease Control and Prevention recommends all children get two doses of MMR.
- The first dose at 12 through 15 months of age and the second dose at 4 through 6 years of age.

Though measles is highly contagious, the risk of contracting the disease among those who are vaccinated is low. **After receiving two doses of MMR, the vaccine is 97% effective at preventing measles.** If your child is unvaccinated or if you are unsure, talk to your healthcare provider.

Vaccine Clinics

Trumbull County and Warren City hold vaccine clinics regularly. For information regarding clinic dates or other questions, please contact the health department directly.

- Warren City Health District (residents of Warren City)
330-841-2596
- Trumbull County Combined Health District (residents outside of Warren City)
330-675-2489, option 3 for Nursing

Resources and Frequently Asked Questions

The Ohio Department of Health and the Centers for Disease Control and Prevention have provided a wealth of information.

Please take time to review the resources provided. Feel free to reach out to your local health department or your healthcare provider with any questions or concerns.

[Measles Isn't Just A Little Rash](#)

[Common Questions About Protecting Children From Measles](#)

[If You or Your Child Have Been Around Someone With Measles or Have Symptoms](#)

[ODH Measles Exclusion Fact Sheet](#)